



## **Baked French Toast Sticks**

*makes 6*

2 slices Texas Toast (or other hearty, thick-cut bread)

1 large egg

1/4 cup milk

1/2 Tablespoon melted butter, slightly cooled

1/2 teaspoon vanilla

1/4 teaspoon cinnamon

Preheat oven to 350 degrees

Spray a baking sheet with non-stick spray very well and set aside.

Cut bread slices into thirds then set aside.

In a large shallow dish, whisk together eggs, milk, melted butter, vanilla, and cinnamon. Dunk bread sticks into batter, let excess drip off, then place onto prepared baking sheet. Bake for 12-14 minutes, spraying the tops of the French Toast Sticks with non-stick spray before flipping halfway through.

To freeze: Let French Toast Sticks cool then place onto a baking sheet and freeze in the freezer. Transfer to a freezer bag or container when hard. To reheat, microwave for 30 seconds to 1 minute.