

PUMPKIN OATMEAL BREAKFAST COOKIES

makes 12 cookies

1/4 cup canned pumpkin puree 2 bananas
2 tablespoons pure maple syrup 2 cups rolled oats, divided 1/2 teaspoon cinnamon
1/2 teaspoon pumpkin pie spice
1 teaspoon pure vanilla extract 1/8 teaspoon kosher salt
1/4 cup chopped nuts (optional)
1/4 cup golden raisins (optional)

Preheat oven to 325 degrees.

In a large mixing bowl, smash bananas until creamy. Add pumpkin, maple syrup and spices. Grind 1/2 cup oats in food processor to flour consistency. Add ground oats and remaining whole oats, raisins and nuts to banana mixture. Using a tablespoon, scoop cookies onto parchment paper lined cookie sheet and smash each down with back of measuring cup or spoon. Bake for 10 minutes, and cool on wire rack.

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